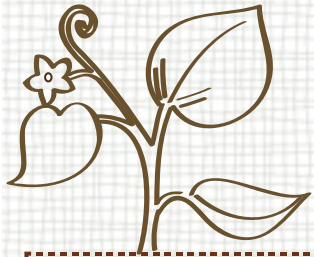


# What is good for my Compost ... ?



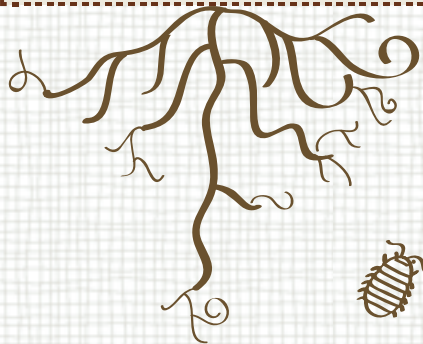
## From the kitchen:

- Freezer-burned fruits & veggies ○
- Spoiled canned fruits & veggies ○
- Potato peelings ○
- Egg shells ○
- Citrus rinds ○
- Tea bags and coffee grounds ○
- Popcorn (unpopped)
- Corn cobs
- Pumpkin seeds
- Dried herbs ○
- Old spices ○
- Nut shells
- Apple cores ○
- Cooked rice ○
- Tofu ○
- Wine ○
- Banana peels ○
- Artichoke leaves
- Onion skins ○
- Watermelon rinds ○
- Date pits
- Olive pits
- Old beer ○
- Bread ○

## From the yard:

- Wood chips ●
- Grass clippings ●○
- Weeds ●○
- Alfalfa ●○
- Winter rye ●○
- Flower petals ●○
- Pine needles ●
- Leaves ●○
- Seaweed and kelp ●○
- Garden soil ●
- Tree bark ●
- Clover ●○
- Straw ●
- Cover crops ○
- Old or outdated seeds ●

- = green items
- = brown items



## Other stuff:

- Paper napkins ●
- Paper towels ●
- Grocery receipts ●
- Post-it notes ●
- Wood ashes ●
- Shredded newspapers ● (no colored ink)
- Tissue ●
- Expired flower arrangements ●
- Sawdust ●
- Houseplant trimmings ●○
- Shredded cardboard ●
- Brown paper bags ●
- Lint from clothes dryer ●
- Wooden toothpicks ●
- Pencil shavings ●

## If you want to:

- Birdcage cleanings ●
- Pet hair
- Urine
- Feathers
- Animal fur
- Horse manure
- Nail clippings
- Chicken manure
- Dead bees and flies
- Fish bones
- Electric razor trimmings
- 'Dust bunnies'
- Vacuum cleaner bag contents
- Shrimp, crab & lobster shells

### NOTE:

*As a general rule of thumb, keep your compost mixture at 50% green items and 50% brown items.*